

FM WILSON INVITATIONAL TRACK & FIELD MEET

Boys Division Friday, April 19, 2019

Participants

BOYS DIVISION @ NUSENDA COMMUNITY STADIUM

Albuquerque	La Cueva	Sandia Prep
Atrisco Heritage	Rio Grande	Valley
Del Norte	Rio Rancho	Volcano Vista
Eldorado	Sandia	West Mesa
Highland		

Entries

Submit entries through Direct Athletics, www.directathletics.com, by 9:00am the day prior to meet.

Format

Seeding of heats will be slowest to fastest, timed finals.

Lane assignments Curved races: 3-4-5-6-7-8-2-1 Straight races: 4-5-3-6-2-7-1-8

Field events will be 3 trials/finals flighted with time limit; the order will be lowest entry mark to highest entry mark. If no mark is given, the participant will be placed before the lowest entry mark.

Shot Put, Discus and Long Jump will be flighted DCBA with time limit. Javelin and Triple Jump will be flighted ABCD with time limit. Pole Vault and High Jump will be flighted lowest to highest with time limit.

Time Schedule Order of Events

3:30pm _____	Field Judge/Officials Meeting
3:45pm _____	Equipment Weigh-In
3:45pm _____	Scratch Meeting
4:05pm _____	Coaches Meeting
5:00pm _____	Running Event Officials Meeting

FIELD EVENTS

4:15pm—6:30pm _____	Javelin
4:15pm—6:30pm _____	High Jump
4:15pm—6:30pm _____	Shot Put
4:15pm—6:30pm _____	Long Jump
4:15pm—6:45pm _____	Pole Vault
6:45pm—9:00pm _____	Discus
6:45pm—9:00pm _____	Triple Jump

RUNNING EVENTS

5:45pm _____	3200m Run (Fast Heat)
_____	400m Relay
_____	110m Hurdles
_____	100m Dash
_____	1600m Run
_____	800m Relay
_____	400m Dash
_____	300m Hurdles
_____	800m Run
_____	1600m Medley Relay
_____	200m Dash
_____	3200m Run (Slow Heat)
_____	1600m Relay